

										DATE								
Storage	Item				Product	Order	Serving	Servings	Servings									
D R F	Code	Brand	Flavour	Size	By	(mL/g/U)	/Unit	/Case										
<b>Vegetables and Fruit</b>																		
<b>Fresh Vegetables</b>													<b>1 Medium Size / 75g</b>					
X	22101	TCM	Mixed Vegetable Box	5.78KG	Case	75	77.1	77.1										
X	22103	TCM	Bell Peppers - Green	5KG	Case	75	55.3	55.3										
X	22102	TCM	Bell Peppers - Red	5KG	Case	75	55.3	55.3										
X	22104	TCM	Bell Peppers - Orange	5KG	Case	75	55.3	55.3										
X	22105	TCM	Bell Peppers - Yellow	5KG	Case	75	55.3	55.3										
X	22110	TCM	Tomatoes - Grape Red	12x283g	Case	75	3.8	45.3										
X	22109	TCM	Tomatoes - Hot House	6.8KG	Case	75	82.6	82.6										
X	22106	TCM	Broccoli Heads	18's	Case	75	114.9	114.9										
X	22107	TCM	Carrots - Mini Peeled Baby	12x340g	Case	75	4.5	54.4										
X	22108	TCM	Celery	10's	Case	75	95.8	95.8										
X	22111	TCM	Cucumber - English	12's	Case	75	59.9	59.9										
<b>Salad Mixes</b>													<b>1 Cup / 75g</b>					
X	22201	TCM	Coleslaw - Rainbow	4.54KG	Unit	75	60.5	60.5										
<b>Fresh Fruit</b>													<b>1 Medium Size / 75g</b>					
X	22302	TCM	Apples - Royal Gala - 100 Count (average)	18.1KG	Case	181	100.0	100.0										
X	22303	TCM	Apples - Royal Gala - 48 Count	48 Each	Case	160	1.0	48.0										
X	22304	TCM	Pears - Green or Forelle - 70-100 Count	18.1KG	Case	213	85.0	85.0										
X	22306	TCM	Oranges - Fancy #1 - Small	48 Each	Case	162	1.0	48.0										
X	22305	TCM	Bananas - #1 - 110 Count	18.1KG	Case	165	1.0	110.0										
X	22307	TCM	Strawberries	8x454g	Case	75	6.1	48.4										
X	22308	TCM	Raspberries	12x170g	Case	75	2.3	27.2										



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Storage		Item		Product		Order		Serving								
D	R	F	Code	Brand	Flavour	Size	By	Size (mL/g/U)	Servings /Unit	Servings /Case						
<b>Fresh Fruit</b>										<b>1 Medium Size / 75g</b>						
X			22309	TCM	Blueberries	12x170g	Case	75	2.3	27.2						
X			22311	TCM	Grapes - Green Seedless	8x908g	Case	75	12.1	96.9						
X			22310	TCM	Grapes - Red Seedless	8x908g	Case	75	12.1	96.9						
X			22312	TCM	Avocados	16's	Case	75	2.1	33.0						
X			22313	TCM	Watermelon Seedless	Each	Unit	75	41.8	41.8						
<b>Canned/jarred Fruit and Fruit Sauces</b>										<b>125g(ml)</b>						
X			90151	Applesnax	Unsweetened Apple Sauce	12x6x113g	Case	113	6.0	72.0						
X			90150	Applesnax	Unsweetened Strawberry/Apple Sauce	12x6x113g	Case	113	6.0	72.0						
X			90152	Applesnax	Unsweetened Peach/Apple Sauce	12x6x113g	Case	113	6.0	72.0						
<b>Frozen Fruit</b>										<b>75g(ml)</b>						
	X		91126	Snowcrest	Berry Blend	2x2.5KG	Case	75	33.3	66.7						
<b>Fruit Juice</b>										<b>125mL</b>						
X			72890	Minute Maid	Apple Juice	12x1L	Case	125	8.0	96.0						
X			72489	Minute Maid	Orange Juice	12x1L	Case	125	8.0	96.0						
<b>Grain Products</b>																
<b>Bread - Fresh</b>										<b>1 Slice</b>						
X			00251	Dempster's	Original 100% Whole Wheat Bread	5x675g	Case	1	17.0	85.0						
X			71248	Dempster's	WholeGrains Multigrain Bread	6x600g	Case	1	12.0	72.0						
X			70446	Dempster's	WholeGrains Whole Wheat Bagels	9x6 pack	Case	0.5	12.0	108.0						
X			70447	Dempster's	WholeGrains 12 Grain Bagels	9x6 pack	Case	0.5	12.0	108.0						
X			00602	Dempster's	Whole Wheat English Muffin	15x6 pack	Case	0.5	12.0	180.0						
X			70017	Alwatan	7" Whole Wheat Pita	8x6 pack	Case	0.5	12.0	96.0						



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Storage		Item			Product		Order		Serving										
D	R	F	Code	Brand	Flavour	Size	By	Size (mL/g/U)	Servings /Unit	Servings /Case									
<b>Bread - Fresh</b>										<b>1 Slice</b>									
X			03825	Dempster's	10" Whole Wheat Tortillas	12x10 pack	Case	0.5	20.0	240.0									
X			03809	Dempster's	7" Whole Wheat Tortillas	20x10 pack	Case	1	10.0	200.0									
<b>Bread - Thaw &amp; Serve</b>										<b>1 Slice</b>									
	X		40173	Sweets from the Earth	Whole Wheat Mini Bagel	48x40g	Case	40	1.0	48.0									
	X		40172	Sweets from the Earth	Apple Cinnamon Mini Bagel	48x40g	Case	40	1.0	48.0									
	X		30105	Sweets from the Earth	Low-Sodium Whole Wheat Dinner Roll	125x30g	Case	30	1.0	125.0									
	X		30103	Sweets from the Earth	Whole Wheat Pizza Crust - Parbaked 6"	36x85g	Case	42.5	2.0	72.0									
<b>Pancake Mix/Batter</b>										<b>30-40g</b>									
	X		30116	Sweets from the Earth	Whole Wheat Pancake Batter	1.8KG	Unit	40	45.0	45.0									
<b>Cereals - Cold</b>										<b>30g</b>									
X			14767	Cheerios	Cheerios Bulk Pack	4x822g	Case	30	27.4	109.6									
X			17906	Cheerios	Multi Grain Cheerios Bowl Pack	96x20g	Case	20	1.0	96.0									
X			23000	Chex	Rice Chex Cereal (Gluten Free)	14x365g	Case	28	13.0	182.5									
X			04883	Post	Honey Bunches of Oats Honey Roasted Cereal	10x625g	Case	30	20.8	208.3									
X			10661	Quaker	Corn Bran Squares Cereal	12x375g	Case	30	12.5	150.0									
X			10566	Quaker	Oatmeal Squares Cereal	12x500g	Case	30	16.7	200.0									
X			10523	Quaker	Life Multigrain Cereal	12x425g	Case	30	14.2	170.0									
X			88006	Sweets from the Earth	Granola - Plain	6x1KG	Case	30	33.3	200.0									
X			10807	Sweets from the Earth	Granola with Apple and Cranberry	6x1KG	Case	30	33.3	200.0									



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Storage	Item				Product	Order	Serving	Servings	Servings										
D	R	F	Code	Brand	Flavour	Size	By	(mL/g/U) /Unit	/Case										
<b>Grain-based Bars</b>										<b>1 Bar</b>									
X			45178	Nature Valley	Nature Valley Lunch Box Berry	12x5x26g	Case	26	5.0	60.0									
X			10964	Quaker	Chewy Apple Fruit Crumble	12x6x26g	Case	26	6.0	72.0									
X			10963	Quaker	Chewy Raspberry Crumble	12x6x26g	Case	26	6.0	72.0									
X			40100	Sweets from the Earth	Superfood Bars	48x40g	Case	40	1.0	48.0									
X			30152	NaturPAX	Apple Cinnamon Cereal & Fruit Square	60x30g	Case	30	1.0	60.0									
X			30153	NaturPAX	Blueberry Cereal & Fruit Square	60x30g	Case	30	1.0	60.0									
<b>Crackers /Rice Cakes</b>										<b>30g</b>									
X			00684	Boul Grissol	Melba Toast 60% Whole Wheat	400x10g	Case	20	0.5	200.0									
X			62990	Breton	Multigrain Crackers	12x225g	Case	18	12.5	150.0									
X			68440	Breton	Original Bites Crackers	12x200g	Case	20	10.0	120.0									
X			91146	Christie	Premium Plus Whole Wheat Crackers	12x500g	Case	18	27.8	333.3									
X			20813	Triscuit	Original Crackers	12x200g	Case	19	10.5	126.3									
X			48747	Sanissimo Salmas	Oven Baked Corn Crackers	28x(8x18g)	Case	18	8.0	224.0									
X			79401	Goldfish	Cheddar Snack Crackers made with Whole Grain	12x180g	Case	20	9.0	108.0									
<b>Baked Goods - Fresh</b>										<b>1 Small or 2 Mini</b>									
X			00031	Dare	My First Bear Paws - Oatmeal	12x(6x25g)	Case	25	6.0	72.0									
X			31100	Sweets from the Earth	Ultimate Oatmeal Biscuit	60x30g	Case	30	1.0	60.0									
X			31101	Sweets from the Earth	Ultimate Cranberry Oatmeal Biscuit	60x30g	Case	30	1.0	60.0									
<b>Baked Goods - Thaw &amp; Serve</b>										<b>1 Small or 2 Mini</b>									
	X		56200	Sweets from the Earth	Carrot Muffin - Wrapped	48x56g	Case	56	1.0	48.0									
	X		56201	Sweets from the Earth	Banana Muffin - Wrapped	48x56g	Case	56	1.0	48.0									
	X		56203	Sweets from the Earth	Apple Cinnamon Muffin - Wrapped	48x56g	Case	56	1.0	48.0									



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Storage		Item			Product		Serving		Servings										
D	R	F	Code	Brand	Flavour	Size	Order By	Size (mL/g/U)	/Unit	/Case									
<b>Baked Goods - Thaw &amp; Serve</b>										<b>1 Small or 2 Mini</b>									
		X	30110	Sweets from the Earth	Soft 'n Chewy Oatmeal Applesauce Bakes - Wrapped	60x40g	Case	40	1.0	60.0									
		X	41126	Sweets from the Earth	Whole Grain Blueberry Mini Scone - Wrapped	64x40g	Case	40	1.0	64.0									
		X	41128	Sweets from the Earth	Whole Grain Cinnamon Mini Scone - Wrapped	64x40g	Case	40	1.0	64.0									
		X	39144	Sweets from the Earth	Apple Currant Breakfast Flat	48x40g	Case	40	1.0	48.0									
<b>Pasta</b>										<b>56g</b>									
X			11004	National Pasta	Spaghetti - Whole Wheat	2.27KG	Unit	56	40.5	162.1									
X			11007	National Pasta	Elbow Macaroni - Whole Wheat	2.27KG	Unit	56	40.5	162.1									
X			11005	National Pasta	Rotini - Whole Wheat	2.27KG	Unit	56	40.5	162.1									
<b>Milk and Alternatives</b>																			
<b>Milk</b>										<b>250mL</b>									
	X		02502	Lock City Dairy	2% White	250mL	Unit	250	1.0	48.0									
	X		04002	Lock City Dairy	2% White	4L	Unit	250	16.0	64.0									
<b>Cheese</b>										<b>50g</b>									
	X		70385	Thornloe	Marble Cheddar Snack Cubes	1.7KG	Unit	17	100.0	400.0									
	X		61594	Armstrong	Marble Farmer's Cheese Sticks	50x21g	Case	21	1.0	50.0									
	X		87470	Armstrong	Cheddar Mild - Slice	24x18x14g	Case	14	18.0	432.0									
	X		71559	Saputo	Mozzarella 17% - Shred	2.5KG	Unit	30	83.3	333.3									
	X		07270	Saputo	3 Cheese Blend (Mild Ched/Mont Jack/Mozz 20%) - Shred	2.5KG	Unit	30	83.3	333.3									
	X		05109	Armstrong	Cheddar Marble - Block	2.25KG	Unit	30	75.0	300.0									
	X		05106	Armstrong	Cheddar Mild - Block	2.25KG	Unit	30	75.0	300.0									
	X		87298	Saputo	Mozzarella 17% - Block	2.4KG	Unit	30	80.0	800.0									
	X		15403	Nordica	Cottage Cheese Smooth Vanilla Bean	6x(4x100g)	Case	100	4.0	24.0									



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Storage			Item		Product		Serving												
D	R	F	Code	Brand	Flavour	Size	Order By	Size (mL/g/U)	Servings /Unit	Servings /Case									
<b>Yogourt</b>										<b>175g</b>									
X			64210	IÖGO	Greek - Plain 0%	6x750g	Case	100	7.5	45.0									
X			64211	IÖGO	Greek - Vanilla 0%	6x750g	Case	100	7.5	45.0									
X			61012	IÖGO	Creamy - Vanilla	4x2KG	Case	100	20.0	80.0									
X			61013	IÖGO	Creamy - Strawberry - With Fruit Puree	4x2KG	Case	100	20.0	80.0									
X			61025	IÖGO	Creamy - Peach - With Fruit Puree	4x2KG	Case	100	20.0	80.0									
X			61010	IÖGO	Creamy - Vanilla	6x650g	Case	100	6.5	39.0									
X			61011	IÖGO	Creamy - Strawberry	6x650g	Case	100	6.5	39.0									
X			61000	IÖGO	Creamy - Straw, Rasp, Blue, Van	3x16x100g	Case	100	16.0	48.0									
X			61003	IÖGO	Creamy - Tropical Assorted	3x16x100g	Case	100	16.0	48.0									
X			54000	IÖGO	Nanö Tubes - Strawberry, Pineapple-Cherry	8x8x60g	Case	60	8.0	64.0									
X			54003	IÖGO	Nanö Tubes - Raspberry, Strawberry-Banana	8x8x60g	Case	60	8.0	64.0									
X			54006	IÖGO	Nanö Tubes - Strawberry-Melon, Blueberry	8x8x60g	Case	60	8.0	64.0									
<b>Meat and Alternatives</b>																			
<b>Eggs</b>										<b>2 eggs, 100g whole liquid egg</b>									
X			50012	Gray Ridge	Large White Eggs - Case	5x36	Case	2	0.5	90.0									
X			01120	EggSolutions	Pillow Pack Hard Cooked and Peeled Eggs	6x12	Case	2	6.0	36.0									
X			00037	EggSolutions	Golden Nature Liquid Egg Product	1KG	Unit	100	10.0	120.0									
<b>Legumes /Seeds</b>										<b>30g</b>									
X			19908	Summer Fresh	Original Hummus Minis	6x4x57g	Case	57	4.0	24.0									
X			40000	Wowbutter	Peanut Free Toasted Soy Spread	2x2KG	Case	16	125.0	250.0									



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Storage	Item				Product	Order	Serving	Servings	Servings										
D R F	Code	Brand	Flavour	Size	By	(mL/g/U)	/Unit	/Case											
<b>Other Foods</b>																			
<b>Spreads</b>																			
X		99903	Elite	Deli Cream Cheese Tub	2KG	Unit	30	66.7	66.7										
X		83514	Golden Gate	Non Hydrogenated Soft Margarine	4KG	Unit	10	400.0	400.0										
<b>Sauces &amp; Condiments</b>																			
X		95352	Stanislaus	Full-Red Fully Prepared Pizza Sauce	3.03KG	Unit	60	50.5	303.0										
X		03311	Trattoria	Spaghetti Sauce	2.95KG	Unit	60	49.2	295.0										
<b>Non Food</b>																			
<b>Zipper Bags</b>																			
X		13545	Shortreed	Zipper Bag - 10cm x 15cm	1,000	Case	1	1.0	1,000.0										
X		15545	Shortreed	Zipper Bag - 15cm x 15cm	1,000	Case	1	1.0	1,000.0										
X		20545	Shortreed	Zipper Bag - 15cm x 20cm	1,000	Case	1	1.0	1,000.0										
<b>Baking Cups</b>																			
X		20580	Reynolds	White Baking Cups	10x500	Case	1	500.0	5,000.0										
<b>Drinking Cups</b>																			
X		10265	Dart	White Foam Cup - 175mL	1,000	Case	1	1.0	1,000.0										
X		20615	Dixie	Waxed Cold Cup - 148mL	2,400	Case	1	1.0	2,400.0										
X		15520	Pactiv	Flexible Plastic Cup - 207mL	1,960	Case	1	1.0	1,960.0										
<b>Plates/Bowls</b>																			
X		15178	Easy Way	White Paper Plate - 23cm	1,200	Case	1	1.0	1,200.0										
X		39210	Dynette	White Foam Plate - 15cm	1,000	Case	1	1.0	1,000.0										
X		25177	Chinet	Chinet Plate - 26cm	500	Case	1	1.0	500.0										
X		15177	Chinet	Chinet Plate - 17cm	1,000	Case	1	1.0	1,000.0										



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D	R	F	Code	Brand	Flavour	Size	By	(mL/g/U) /Unit	/Case										
<b>Plates/Bowls</b>																			
X			20265	Dart	White Foam Bowl - 355mL	1,000	Case	1	1.0	1,000.0									
X			10412	Chinet	Chinet Bowl - 341mL	1,000	Case	1	1.0	1,000.0									
<b>Cutlery</b>																			
X			15404	Pactiv	Fork - White Medium Weight	1,000	Case	1	1.0	1,000.0									
X			10404	Pactiv	Knife - White Medium Weight	1,000	Case	1	1.0	1,000.0									
X			20404	Pactiv	Teaspoon - White Medium Weight	1,000	Case	1	1.0	1,000.0									
<b>Portion Cups</b>																			
X			03579	Solo	Plastic Portion Cup - 30mL	2,500	Case	1	1.0	2,500.0									
X			05532	Solo	Portion Cup Lid - 30mL	2,500	Case	1	1.0	2,500.0									
X			06135	Solo	Paper Portion Cup - 30mL	5,000	Case	1	1.0	5,000.0									
<b>Napkins</b>																			
X			35575	Acclaim	1 Ply White Luncheon Napkin	6,000	Case	1	1.0	6,000.0									
X			20540	White Swan	1/4 Fold White Beverage Napkin	3,600	Case	1	1.0	3,600.0									
<b>Gloves</b>																			
X			00115	KeepKleen	Large Poly Glove	500	Case	1	1.0	500.0									
X			90623	KeepKleen	Small Poly Glove	500	Case	1	1.0	500.0									
X			12623	Ronco	Large Vinyl Glove	100	Case	1	1.0	100.0									
X			11623	Ronco	Medium Vinyl Glove	100	Case	1	1.0	100.0									
X			10623	Ronco	Small Vinyl Glove	100	Case	1	1.0	100.0									
<b>Hair Nets</b>																			
X			65623	Ronco	Hairnet - Nylon Mesh - 53cm	100	Case	1	1.0	100.0									
<b>Kitchen Supplies</b>																			





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Storage			Item			Product Size	Order By	Serving Size (mL/g/U)	Servings /Unit	Servings /Case						
D	R	F	Code	Brand	Flavour											
X			02807	OSNS	Kitchen Apron	1	Unit	1	1.0	1.0						
X			02806	OSNS	Magnetic Dry Erase Memo Board	1	Unit	1	1.0	1.0						

