ONTARIO STUDENT NUTRITION SERVICES - PRODUCT SPECIFICATION

PRODUCT CATEGORY	Grain Products			
PRODUCT SUBCATEGORY	Baked Goods			
OSNS PRODUCT CODE	56200	MANUFACTURER PRODUCT	CODE	
MANUFACTURER	Sweets from the Earth			
Brand	Sweets from the Earth			
PRODUCT NAME	Carrot Muffin - Wrapped		SIZE	48x56g

NUTRITION FACTS		
SERVING SIZE (ML/G)	56	
CALORIES	140	
FAT (G)	5	
SATURATED (G)	0.4	
Trans (g)	0	
CHOLESTORAL (MG)	0	
SODIUM (MG)	135	
POTASSIUM (MG)	75	
CARBOHYDRATE (G)	22	
FIBRE (G)	2	
Sugars (g)	10	
PROTEIN (G)	2	
VITAMIN A (%DV)		
VITAMIN C (%DV)		
CALCIUM (%DV)	0.03	
IRON (%DV)	0.04	
VITAMIN D (%DV)		
MILK FAT (%)		



INGREDIENTS	Whole wheat flour, carrots, evaporated cane juice, unbleached wheat flour, canola oil, applesauce, organic flax seeds, baking powder, cinnamon, inulin, baking soda, sea salt.	
OTHER NOTES	Peanut & nut free. Dairy, lactose and egg free. Sesame free. Non-hydrogenated and Trans Fat free. Free from artificial colours, flavours and preservatives.	
PACKAGING	48 x 56g wrapped muffins per case	
STORAGE	Frozen	
MINIMUM SHELF LIFE	Frozen 4 months, refrigerated 3 days, dry 2 days	
PRODUCTION CODE	Lot code inkjet on package	

